# **WWP EN**Annual Conference 2022



# From Harm to Hope – Youth Interventions against Domestic Abuse



#### WWP EN ANNUAL CONFERENCE 2022 17-19 AUGUST – DUBLIN, IRELAND

HOSTS: Men's Development Network and MOVE Ireland

**VENUE:** DCU Dublin City University Ballymun Road, Glasnevin Dublin 9, D09 W6Y4, Ireland

See venue guide

#### **MODERATION:** Róisín Clancy Davies

Róisín Clancy Davies has extensive experience and training around domestic abuse and gender-based violence. Currently, Róisín is a 'Choices' programme facilitator and practice supervisor with MEND, as well as operating the Male Advice Line (supporting male victims of domestic abuse) with the Men's Development Network. Waterford. Ireland. Previously, Róisín worked with Women's Aid, South Wales, UK, as their Education Officer and Domestic Abuse Prevention Trainer, devising and delivering innovative and interactive training programmes for both youth services and professionals, including magistrates, probation, social services, and the police force. At the core of Róisín's work is a passion for educating communities and services on the complexities of abusive behaviour in intimate relationships and developing sustainable strategies for preventing domestic violence.

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#### 17 AUGUST

#### 12:00 Joint Lunch

**13:00 Welcome and Overview of Programme (ALSO ON LIVE STREAM)** Róisín Clancy Davies

**13:10 Words of Welcome (ALSO ON LIVE STREAM)** WWP EN, Men's Development Network and MOVE Ireland

**13:20 Institutional Greetings (ALSO ON LIVE STREAM)** Kirsten Leube (Gender Equality Unit, DG Justice and Consumers, European Commission), Carmel Donnelly (Irish Probation Service)

#### 13:30 Introducing the *GREVIO General Recommendation on the Digital dimension of Violence against Women* (ALSO ON LIVE STREAM)

Iris Luarasi (CLWG, Albania & President of GREVIO)

#### 13:45 Interactive Session – Meet and Exchange

Olivier Malcor (Parteciparte, Italy)

#### 14:05 Keynote Speech on Violence and Abuse in Young People's Romantic

**Relationships** (ALSO ON LIVE STREAM) Carolina Øverlien (Stockholm University, Sweden)

#### 14:45 Coffee Break

#### 15:05 Panel Discussion and Q&A on Intimate Partner Violence in Early

#### **Relationships** (ALSO ON LIVE STREAM)

Panellists: Lena Berg (MÄN, Sweden), Sylvia Fein (DGfPI, Germany), Iris Luarasi (CLWG, Albania), Sabrina Meechem (SafeLives, UK)

#### 16:35 Break

#### 16:45 Challenges in the Work with Young Perpetrators

- Jointly Creating a Theatre Performance

Olivier Malcor (Parteciparte, Italy)

#### 18:15 Closing of the Day

19:00 Dinner



#### **18 AUGUST**

9:30 Overview of Day Two (ALSO ON LIVE STREAM)

Róisín Clancy Davies

#### 9:35 Keynote speech: Child/ Adolescent to Parent Violence and Abuse -

Causes and Considerations (ALSO ON LIVE STREAM)

Justine Dodds (Respect, UK)

#### 10:15 Coffee Break

## 10:30 Panel Discussion and Q&A on Child/Adolescent to Parent Violence and Abuse (CAPVA) (ALSO ON LIVE STREAM)

<u>Panellists:</u> Hanne Kristin Hop (ATV, Norway), Kris Decraemer (Interactie Academie, Belgium), Dr Declan Coogan (National University of Ireland)

#### 12:00 Lunch & Networking

#### 13:30 Workshops 1-4 (More information)

#### 15:00 Group Picture & Coffee Break

#### 15:20 WWP EN Annual General Meeting (Members only)

18:45 Social Dinner



#### **19 AUGUST**

**9:00 Review of Previous Days & Overview of Day Three** Róisín Clancy Davies

### 9:15 New Funding Opportunities with the European Commission for WWP EN Members

Alessandra Pauncz (WWP EN)

## 10:00 Networking on Shared Areas of Interest / Focus Group / Session on WWP EN IMPACT Toolkit

11:00 Coffee Break

11:20 Workshops 5-8 (More information)

12:50 Conference closing

## KEYNOTE



#### Keynote by Professor Carolina Øverlien: Violence and Abuse in Young People's Romantic Relationships - A contextualised understanding of the violence, its consequences and perpetration through the eyes of the victimised

This presentation will draw on a Norwegian research project called 'Drawing the line', which investigated young people's and professionals' understandings of what is a 'good' sexual experience, unjust/unwanted sex, and sexual abuse in a romantic/intimate relationship. As part of the study, we interviewed young people who perpetrated such abuse and those who were victimised. I will share a contextualised understanding of the violence the young people have been subjected to and the social consequences of victimisation. I will also present a picture of the person who committed the abuse through the eyes of the victimised young person. As I will show, it is vital to consider the contextual, situational, and relational aspects to understand the impact of violence and abuse in young people's lives, it is essential to broaden our investigation to include health, social and bodily impacts. Finally, our research demonstrates that it is crucial to consider how victimised young people relate to and attempt to understand their abusive partners, as it dramatically affects how they experience their ability to leave harmful relationships.

**Carolina Øverlien** is professor of social work at Stockholm University and research leader at the Norwegian Center for Violence and Traumatic Stress Studies (NKVTS). Professor Øverlien has conducted research on Youth Intimate Partner Violence (YIPV) for many years and is currently leading a three-year research project on sexual YIPV at NKVTS, Oslo. The project 'Drawing the Line' focuses on young perpetrators and victims as well as the justice system and schools' understanding and handling of the violence.



## Keynote by Justine Dodds: Child/ Adolescent to Parent Violence and Abuse - Causes and Considerations

CAPVA – Child/ Adolescent to Parent Violence and Abuse is a phenomenon whereby parents or carers become frightened of their children and can begin to modify their behaviour. In CAPVA, just like intimate partner abuse, the whole spectrum of abuse can be used. This includes physical, emotional, financial, and sexual abuse, as well as coercive control. The aetiology of CAPVA can be described via an ecological model with many individual, family, community and societal factors intersecting. An examination of some of these causes is given in more detail, for example, how trauma in the formative years can activate a heightened stress response leading to increased reactivity and how domestic abuse can impact a family to create unequal power dynamics, which are difficult to restore. A brief outline of the Respect Young People's Programme as an example of an evidence-based intervention for addressing CAPVA rounds up the discussion.

Justine Dodds is Practice Development Lead for Respect, a national domestic abuse organisation in the United Kingdom. She has been working with CAPVA since 2016, when she began delivering the Respect Young People's Programmes (RYPP) to young people and their families as part of a Youth Justice prevention team. Her current role at Respect involves training and supervising professionals to deliver the RYPP and training professionals in relevant associated professions to recognise and respond appropriately to CAPVA. She also develops resources to help practitioners assess, manage, and intervene in teenage relationship abuse. Before working with Respect, she was a qualified Probation Officer with management experience in Youth Justice and Domestic Abuse. Her passion for facilitating positive change in others began some 18 years ago when she first began delivering accredited programmes for the Probation Service in 2004.

# PANELLISTS

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#### Panellists on Intimate Partner Violence in Early Relationships

#### Lena Berg

Lena Berg holds a PhD in sociology and works as a method developer and curator at the Swedish organisation "MÄN" (Men for Gender Equality). Lena has worked since 1993 – both practically and in research – with men's violence against women. More precisely, she has worked on issues of youth, sexuality, and violence. In recent years, Lena has developed a guide to facilitate conversations with boys who use intimate partner violence, and she also talks to boys who use violence.

#### Sylvia Fein

Sylvia Fein is the deputy executive director of the German Society for Prevention and Intervention in the Case of Child Abuse, Neglect and Sexualised Violence (DGfPI), a professional association that campaigns for the interests and protection of children and young people, especially in the field of sexualised violence. With the concept of victim-oriented offender work (MOFO), the DGfPI makes a vital contribution to the qualification of professionals working with adult or juvenile perpetrators of sexualised violence and brings together the assumption of responsibility by the offenders and the concerns and rights of those affected. With the *ByeDV – Beyond digital Violence – Take action against cyber sexual violence*, funded by the EU Commission, it also focuses on quality standards for counselling minors who are affected by sexualised violence using digital media.

#### Iris Luarasi

Iris Luarasi has been leading the Counselling Line for Women and Girls (CLWG) for the past 20 years. CLWG is a national helpline for victims of domestic violence and violence against women in Albania. It offers psycho-emotional support to victims of domestic violence and trafficking and individual and group counselling to help victims to make their own choices. CLWG also founded the first men's centre in Albania (Counselling Line for Men and Boys, CLMB) in 2012. Iris is the President of GREVIO at the Council of Europe and is a member of the GREVIO Working Group on a General Recommendation on the digital dimension of violence against women at the Council of Europe.



#### Sabrina Meechem

Sabrina Meechem is a doctoral candidate and researcher for SafeLives, a UK charity aiming to end domestic abuse for everyone and for good. She specialises in research around young people and the impact of environmental influences on their experiences and well-being. At SafeLives, she is working on the Verge of Harm[ing] project\*, which explores why and how young people begin to use abusive behaviours and what support should look like for young people exhibiting these behaviours.

\*The Verge of Harm[ing] project aims to address some of the gaps in knowledge around abuse in young people's relationships and explore how support should be tailored to young people. Interviews were conducted with 11 young people worried they had used abusive behaviours in their relationships and 10 practitioners with experience working with those who harm, both within and outside the domestic abuse sector. Four focus groups were organised with 27 young people, comprised of either young survivor-advocates, or young people attending a pupil referral unit. The transcripts were analysed thematically, and themes focused on relationships and harm/harming as a gendered experience; the normalisation of abuse across young people's relationships; the need to improve relationship literacy, and the core elements underpinning successful support with young people who harm.



#### Panellists on Child/ Adolescent to Parent Violence and Abuse

#### Hanne Kristin Hop

Hanne Kristin Hop is a clinical psychologist of 20 years with a broad background working with children, adolescents, and adults with issues of mental health, substance abuse, behavioural problems etc. She has been with Alternative to Violence since 2013 and has worked clinically with adult perpetrators of violence and their partners and children since then. She has worked with adolescents who use aggression and violence at home and in the public space since 2019.

#### Kris Decraemer

Kris Decraemer is a staff member in the <u>Interactie Academie</u> in Antwerp, Belgium, an institute for systemic theory and practice. She works as a therapist, family mediator, trainer, and supervisor in the field of domestic violence. Kris, her colleagues, and external partners look for hypotheses about the co-creation of violence and develop methods and best practices for couples and families, perpetrators, victims, adults and children who are in the grip of violence and suffering from violence.

#### Dr Declan Coogan

Declan Coogan, PhD, is a lecturer in Social Work and a Research Fellow with the UNESCO Child and Family Research Centre in the School of Political Science and Sociology at the National University of Ireland (NUI), Galway. Declan was awarded a PhD in Sociology by NUI Galway in 2016 for his action research focusing on child to parent violence and Non Violent Resistance. He has written and spoken extensively on these themes and facilitates a systemic training programme on Non Violent Resistance for practitioners working with children and families. He is the Chairperson of NVR Ireland, a national network of practitioners and researchers. His book Child to Parent Violence and Abuse – Family Interventions with Non Violent Resistance was published in 2018. He is a CORU registered social worker with extensive experience in community child and adolescent mental health, child protection and welfare services, and psychotherapy.

# WORKSHOPS



#### WORKSHOPS: 18 AUGUST

#### Workshop 1: Child-to-parent Violence – A Trauma-Informed Approach

Colette Farrugia Bennett, Pauline Camilleri and Ilona Deguara (Foundation for Social Welfare Services, Malta)

This workshop aims to give an in-depth overview of how we work with cases of childto-parent violence from a trauma-informed approach. We will explain this approach and the importance of a multi-disciplinary approach to ensure maximum support is given to the family and its members. Furthermore, practical exercises will also be incorporated to provide our audience with an experiential aspect of our practice.

#### Workshop 2: You have to fix my son!

Hanne Kristin Hop (Alternative to Violence, Norway)

A desperate mother begs for help with her hopeless gaming-obsessed son, who destroys tables and game controllers when she unplugs the internet to get him to quiet down and listen. Alternative to Violence in Norway met mother and son separately and together. We worked on how they could understand each other better, cooperate in daily life and respectfully listen to each other. We met a quiet and vulnerable son and an overworked and traumatised mother. In this workshop, I want to discuss why it became important to focus on Nutella and emptying the dishwasher to stop the violence.

By discussing this case and family, I want participants to become aware of possible underlying mechanisms of adolescent-to-parent violence and how we must listen to both parent and adolescent perspectives to understand how we can help stop the violence.



#### Workshop 3: How to talk with young men who use violence in relationships? Lena Berg & Johan Nikula (MÄN, Sweden)

Violence in young people's close relationships has received increasing attention in recent years in Sweden, which is about time considering the amount of violence that occurs (Korkmaz 2021). Support for young victims is well established, while work with young perpetrators, especially young men, needs further development. Considering this, the organisation MÄN has been researching, further developing, and adapting existing interventions for violent adult men to meet the needs of young men.

The workshop will focus on the components that should be included in an intervention for young men who use violence. What are the specific things young men need to talk about? Why do we need to address them?

Finally, we will present how the intervention is received by the young men who have participated in the intervention. The workshop will consist of both presentation and interactive elements.

## Workshop 4: Introducing the Safe Trails Programme for Responding to Domestic Violence and Abuse in Finland

Terhi Aulaskoski, Ville Uurtio, Veli-Matti Toikka (Federation of Mother and Child Homes and Shelters, Finland)

In its recommendations to Finland, GREVIO has called for nationally consistent practices in working with perpetrators, focusing on protecting victims of violence (Article 16). Similarly, the authorities are urged to make every effort to ensure that uniform practices are widely adopted.

The Safe Trails project (2020-2023) links this by promoting work with the perpetrator with an emphasis on victim safety. The rehabilitation programme being developed in the project aims to reduce and prevent intimate partner violence and recidivism.

This workshop will present the training programme developed for violence work experts nationwide to implement the comprehensive rehabilitation programme designed in the project.



#### WORKSHOPS: 19 AUGUST

#### Workshop 5: 'Dating violence': how do we prevent and respond to young men and boys' violence against young women and girls

Natalia Batenkova (Unizon) & Zandra Kanakaris (1000 Möjligheter/1000 Opportunities)

Addressing men's violence against women has been widely recognised as a key prerequisite for building a gender-equal society free from violence. At the same time, violence in young people's intimate relationships, or so-called dating violence, has not always been adequately prioritised. During the workshop, we will talk about the importance of preventing and responding to dating violence by sharing one of the Swedish best practices in the area, namely the work of Unizon's member organisation 1000 Möjligheter (1000 Opportunities) that runs the first national helpline in Sweden aimed at helping young people and preventing dating violence.

## Workshop 6: Setting self-determined goals with youth participants attending intervention programs for Intimate Partner Violence (IPV) perpetrators

Manuel Roldán Pardo & Cristina Expósito Álvarez (Programa Contexto, Spain)

Setting participants' self-determined goals is one motivational strategy facilitators use to adjust interventions for IPV perpetrators to individuals' specific needs. At the beginning of the workshop, we will explain the Individualized Motivational Plan, a good practice implemented in Programa Contexto and based on motivational strategies. We will propose role-playing (two facilitators and one participant) based on real cases of young participants to reproduce a motivational interview and coconstruct self-determined goals. Afterwards, theoretical and practical implications will be discussed.



#### Workshop 7: Using Theatre to Work with Young Perpetrators

Olivier Malcor (Parteciparte, Italy)

In this workshop, participants will create their own scenes to be used with their perpetrator groups. This form of theatre does not require any specific theatrical skill. It uses the human capacity to be theatre, to perform sexism and question it. If facilitators are open to using theatre in their programme, it can become an integral component of their work. This workshop will give an impression of what using theatre with perpetrator programmes can look like.

## Workshop 8: From good intentions to safe practice - How to ensure child protection in addressing gender-based violence

Sandra Jovanović Belotić & Dimitra Mintsidis (WWP EN)

The safety and well-being of children and teens are values that we all work for. However, ensuring that our interventions are safe for minors is a highly demanding task that requires more than good intentions. This is relevant for organisations working directly with youngsters, but also for organisations not in direct contact with them. When working with adult perpetrators and survivors, an impact of our interventions on children is inevitable. More and more professionals, organisations, and funders are aware that practices and projects on gender-based violence (GBV) must be oriented toward child safety. Having a child protection policy that is in line with international standards, and integrating that into our practice, may help ensure child safeguarding in our everyday work.

This workshop will highlight the complexity of keeping children safe in the GBV field and provide guidance to child safeguarding. Participants will understand the core child protection structures and features that need to be in place in the organisation and the relevance to their work and project management cycle. The workshop will focus on understanding organisational risks for children and teens and introduce practical tools for assessing activities from a child-safety perspective.



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